



House Talk

Kiwanis in Action at our Kiwanis Family House

Volume XII Issue 6

December 2011

Inside this issue:

Important dates	2
Not in my backyard!	3
Mauda's Top Ten	6
Support our KFH	7
Letters	9
Contact Editor	10

From our house,
to your house:



חנוכה

Happy Chanukkah,
(Hanukah)

And



Merry Christmas

Sponsor a Family for a Night

Donations pay for those families who cannot afford it, or supplement families who can only make partial payments.

We never turn away deserving families for lack of payment.

Send in your donation. It is \$40@ night. Send check or your credit card number with expiration date (Visa, MasterCard, and American Express only). Mail to Kiwanis Family House, Inc. 2875 50th Street Sacramento, CA 95817-2308.

Gift it to the person who has everything.

It is the source that keeps us in operation!

It is the gift giving season...

December has a tradition of gift giving.

The exchanging of gifts is one of the core aspects of the modern Christmas celebration, making the Christmas season the most profitable time of year for retailers and businesses.

Gift giving was common in the Roman celebration of Saturnalia, an ancient festival which took place in late December and may have influenced Christmas customs.

There are stories about the Magi that brought gifts of gold, frankincense, and myrrh.

There are traditions of other gift givers such as **St. Nicholas, Sinterklaas, Kris Kringle, Father Frost, Santa Claus, and Father Christmas.**

A number of nations issue commemorative stamps at Christmas time. The US Postal Service, Canada Post (Postes Canada) and Royal Mail regularly issue Christmas-themed stamps each year.

For many, the stress of this



season centers on what to buy for others, especially those people who seem to have everything.

The key of gift giving is to give until you feel good about it.

Here are some suggestions:

- ♥ **See's Candy.** Many sponsor clubs raise money selling See's Candy. In fact our Kiwanis Family House will be doing so this year. Prices start about \$20.00. See page 5.
- ♥ Give the gift of hospital-

(Continued on page 5)

President's Message by Bill Hooper

"... I have always enjoyed dealing with people, believed in their potential, and in the power... when we work together"....

I have always enjoyed dealing with people, believed in their potential, and in the power

we have to do things well beyond our individual capacity when we work together.

This belief has been strengthened as your Kiwanis Family House president.

Collectively, as members of the Kiwanis Family we have many new projects, and ideas that all seem to be happening at the same time to improve the financing of our KFH, the quality of the stay at the House, and the organization of our governance and volunteer services, so we can make it easy for the many volunteers from the Kiwanis Family to step in and help.

A huge thank you to all of you who have stepped forward to make a difference



with your time, your talent, your treasure, and your ideas as we work together for KFH.

Nine board members, **Larry** and **Norma Montna** from Yuba City; **Carl Pearl** from Lake Tahoe; KFH Director **Mauda Butte**; KFH Assistant Manager **Teresa Lara**; Development Director **Gary Christensen**; Marketing Director **Mary Thomson**; Web Site Manager **Deanna Fenton**; and past Lt Governors **Jim Legler, Dan Germain, Rich Kocher, and Charlie Bussey**; all took part in an all-day Strategic Planning Conference on Saturday Oct 29th.

The conference was led by past Lt Gov. **Hal Snow** assisted by **Ellen Mejia**.

The session was extremely productive. We started by reviewing the 2005 Strategic Plan and then moved into five focus groups charged with creating objectives for the next three to five years.

The whole group then re-

viewed each group's recommendations and achieved consensus on a draft plan to be presented to the Board of Directors.

Now the real work begins as we fine tune the plan, seek board approval, and move forward with action plans in the areas of:

- Operations,
- Operational Funding,
- Endowment Funding and Legacy Giving,
- Governance, and
- Publicity and Communications.

If any of you have specialized skills to help us with the process of planning sending in dues and sponsoring projects early in

(Continued on page 10)

Our Kiwanis Family House is a United Way Certified Partner Agency!



www.kiwanisfamilyhouse.org



Important Dates

**Kiwanis Family House
Board meetings
Kiwanis Family House
2875 50th Street
Sacramento, CA 95817
Second Thursdays 7:00 pm**

2011

December 8

January 12

February 9

March 8

April 12

May 10

June (annual meeting) TBA



Free money

There are still areas with Albertsons Supermarkets. Keep using your Albertson's Preferred Savings Card.

**Register your card by calling
(800) 353-9002.**

House Talk is a monthly newsletter published by the Kiwanis Family House, Inc. 2875 50th Street, Sacramento, CA 95817-2308. (916) 736-0116.

website: www.kiwanisfamilyhouse.org

The Kiwanis Family House is a 501 (c) 3 organization incorporated by in the State of California and recognized by the IRS.

Board of Kiwanis Family House

President:.. **William (Bill) Hooper (2014)**
Vice President.....**Calvin Hara (2014)**
Secretary.....**Emily Chirk (2014)**
Treasurer.....**Joyce A. Blonskij (2012)**
Director.....**Karen Borman (2014)**
Director.....**Bob Isaacs (2013)**
Director.....**George MacMurphey(2013)**
Director.....**Dan Saulisberry (2012)**
Director.....**Neil Strain (2012)**
Director.....**Rita Beall (2013)**
Director..... **Matthew J. Wehner (2014)**

Past President.....**William "Rick" Dwyer**
UCDMC Liaison..... **J.P. Eres III**
Editor.....**John W. Seigal**

House Talk is published monthly and sent to supporters and owners of the Kiwanis Family House Inc.. The editor is solely responsible for the content. It is the intent to be 100% accurate. Articles labeled as Editorial represent the opinion of the editor and may not represent the opinion of the Kiwanis Family House, the board, or Kiwanis International. The address of the editor is P.O. Box 1131 Sloughhouse, CA 95683-1131 or email: jwseigal@sbcglobal.net

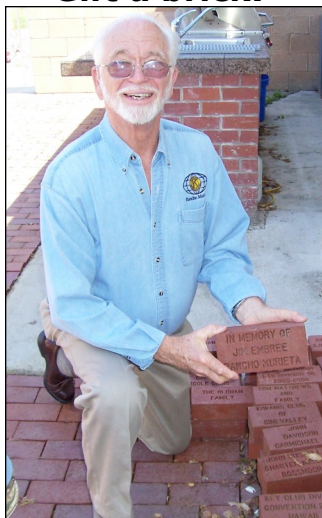
Kiwanis Family House Mission Statement

"The mission of the Kiwanis Family House is dedicated to providing housing and support to families of seriously ill children and adults being treated at University of California, Davis, Sacramento."

Subscription information about House Talk

- ♥ *House Talk* is the official publication of our KFH.
- ♥ Each Sponsor Club is emailed a copy to the designated Kiwanian.
- ♥ If you are interested in receiving the House Talk via email visit our website at:
www.kiwanisfamilyhouse.org and enter your email address on the lower left-hand corner where it says "Sign Up For Our Email Newsletter".
- ♥ If you wish to receive it by US Postal Service contact Editor on page 10.

Gift a brick!



KFH Board Member, **Neil Strain**, is showing the bricks.

The bricks cost \$100@. The lettering grid is 15 spaces across and three rows deep.

Use them for birthdays, anniversaries, memorials, sponsored organizations, past presidents, honorary members, and more. They last longer than plaques.

For more information or a brick order contact editor.

See page 10.

Would you donate 3% of your supermarket shopping to our Kiwanis Family House?

It is simple as 1-2-3

1. Do you shop at Save Mart, Smart, Food Maxx or Lucky Supermarkets?
2. If so scan your S.H.A.R.E.S. card and the house gets a percentage. You still get the great sale prices and the rest.



3. If you do not have a card contact editor (page 10) and send your name and USPS mailing address. Editor will send you a S.H.A.R.E.S. card by return mail!
Scan the S.H.A.R.E.S. card each time you shop!



See us at:

- ♦ **Feb 11th Cal-Nev-Ha District Mid-year Riverside, California**
- ♦ **Mar 3rd Cal-Nev-Ha District Mid-year Monterey, California**
- ♦ **June 28-30th Kiwanis International Convention New Orleans**
- ♦ **Aug 23-25th Cal-Nev-Ha District Convention Santa Clara, California**



Kiwanis Family House, not in my backyard!

Report #116

Since October 1, 2001 to October 31, 2011, *(the effective dates of this report)*, **9,896** families have stayed one or more nights at our Kiwanis Family House while being treated at UCDMC.

This report covers over ten years. Previous to October 1, 2001 the reports were tabulated in a different format.

Our KFH has hosted **773** families from **outside Cal-Nev-Ha District** (California, Nevada, and Hawaii).

These **773** families come from:

Alabama	Montana
Alaska	Nebraska
Arizona	New Hampshire
Arkansas	New Jersey
Colorado	New Mexico
Connecticut	New York
Delaware	North Carolina
District of Columbia	Ohio
Florida	Oklahoma
Georgia	Oregon
Idaho	Pennsylvania
Illinois	South Carolina
Indiana	South Dakota
Iowa	Tennessee
Kansas	Texas
Kentucky	Utah
Louisiana	Vermont
Maryland	Virginia
Massachusetts	Washington
Michigan	West Virginia
Minnesota	Wisconsin
Mississippi	Wyoming
Missouri	

Also, there have been families from:

- Belgium
- Brazil
- Canada
- England
- Federated States of Micronesia
- Guatemala
- Haiti
- Israel
- Italy
- Mexico
- Netherlands
- New Zealand
- Pakistan
- People's Republic of China
- Republic of Palau
- Serbia
- Taiwan
- Uruguay
- Venezuela
- Wales

Division 7 and Division 44 are considered the "host" divisions. Families living within 35 miles of UCDMC are **not** eligible to stay at our KFH.

Aren't you glad that there is your Kiwanis Family House at UC Davis Medical Center in Sacramento, California?

Div.	Lt. Gov.	Families	%
39	Mower	2,667	26.95%
14	Dunning	1,098	11.10%
Out of	District	773	7.81%
27	Montalbo	753	7.61%
45	Pisiewski	646	6.53%
46	Smith	626	6.33%
44	Bowes-Jr.	599	6.05%
20	Smith	386	3.90%
23	Siminske	361	3.65%
8	Frazier	318	3.21%
32	Avants	261	2.64%
7	Kocsis	203	2.05%
5	Hillman	156	1.58%
26	Gilliam	132	1.33%
18	Roberts	107	1.08%
36	Tidler	103	1.04%
12	Imper	94	0.95%
34	Litteer	93	0.94%
2	Bowerman	88	0.89%
38	Rardon	57	0.58%
28	Yelinek	36	0.36%
43	Bowen	31	0.31%
29	TerBorch	27	0.27%
33	Johnson	27	0.27%
42	Gray	24	0.24%
41	Bonar	22	0.22%
11	Nakawatase	20	0.20%
15	Haendiges	17	0.17%
22	Rugg	17	0.17%
31	Higgins	16	0.16%
6	Whatley	15	0.15%
16	Hyland	15	0.15%
30	Fields	14	0.14%
47	Platzke	14	0.14%
10	Arnold	12	0.12%
24	Benitez	12	0.12%
1	Davis	11	0.11%
4	Brooks	11	0.11%
37	Sargent	11	0.11%
25	Montaño	9	0.09%
13	Graham	6	0.06%
35	Salgren	6	0.06%
19	McDannold	2	0.02%
	Totals	9,896	100.0%

December's Special Days

December 8th Enlightenment of Buddha



In 535 BCE **Siddhartha Gautama**, reached enlightenment and assumed the title of **Buddha**, (*one who is awakened*).

December 20th Hanukkah (Chanukah) Starts Sundown Dec. 20th



This festival celebrates the defeat of the vast Selucid Greek army by a handful of Jews. And the rededication of the defiled temple when the Menorah stayed light for eight days with a day's supply of oil.

Hanukkah begins at sunset on Tuesday, December 20, 2011, and ends at sunset on Wednesday, December 28, 2011.









Dec. 25th Christmas

The annual holiday commemoration of the birth of Jesus Christ.

Dec 26th– Jan 1st Kwanzaa



This nonreligious African-American holiday draws on African tradition related to harvest celebrations.

	 Joyce Blonskij (916) 812-2378 Joyce@blonskij.com	 Rita Beall (916) 549-1354 sacbealls@gmail.com	 Karen Borman (916) 489-4476 bormank@aol.com	 Emily Chirk (714) 213-0716 echirk@gmail.com	 Gary Christensen (916) 215-1460 gjcsmc@aol.com
 Calvin Hara (916) 812-5524 cmhara@comcast.net	 Bill Hooper (916) 988-6880 bhoopk1g56@comcast.net	 Bob Isaacs (916) 737-2831 kiwanisb@surewest.net	 Richard Kocher (916) 991-1344 richkoch013@comcast.net	 George MacMurphey (916) 483-9883 georgemac1@comcast.net	 Daniel Saulisberry (209) 745-6838 dsaulisberry@the-brickyard.com
 Neil Strain (916) 354-8895 Neilstrain@sbcglobal.net	 Matthew Wehner (530) 758-8111 mwehner@carbahalcpa.com	 Kiwanis Family House Ambassadors		<ul style="list-style-type: none"> ♥ Communication is a two way street. ♥ We are here to inform. ♥ We are here to listen. ♥ We are here to remind. ♥ We are here to answer any questions. ♥ We are here to offer suggestions. 	

Scouting around

One of the requirements to earn the Eagle Scout rank in the Boy Scouts of America, is to complete a service project.

Eagle Scout Requirement 5: *While a Life Scout, plan, develop, and give leadership to others in a service project helpful to any religious institution, any school, or your community.*

The project idea must be approved by your Scoutmaster and troop committee and by the council or district before you start.

Our Kiwanis Family House benefited by an Eagle Scout Service Project completed by Life Scout **Anthony Ramos**. He is a member of Boy Scout Troop 55 chartered to the Kiwanis Club of Carmichael, California.



In his own words, here is what **Anthony Ramos** has to say: "I began planning my project in January 2011, got approval on 2/23/11 and officially started purchasing and working on the project 6/1/11.

"The brick pad was completed on August 5th and the two benches were delivered on October 25th. A total of 211 hours were spent by myself and helpers on the project.

"The biggest obstacle that I would say I had to face, was getting people together and commit to help me work on my project. I overcame this obstacle by having a few people who were willing to stay longer on workdays and some who continued to come every time I ask for help.

"I had a change of locations where to purchase the steel which delayed my project by a few weeks. I was not expecting either of these things to happen, but it all worked out.

"I feel like I have accomplished something that most people will not in their life.

"I also believe that the benches will help many people for a very long time. I am grateful that I was able to raise the funds to support my project and had so many people willing to help me.

"It feels great to know that I started and completed something to help the community and that the KFH is happy with the finished product.

"I selected the KFH for my project because Mr. **Mohendar Chima**, one of my Scoutmasters, is a Kiwanis member in the Carmichael club and talked to me about the house many times.

"When I came and visited with **Mauda Butte** (House Director) I got a good feeling about all what the house does for our community."



How sweet it is!



Show Your Support in
a fundraiser for
The **Kiwanis** Family House

The Kiwanis Family House provides temporary housing and support to families of seriously injured or ill children and adults being treated at the **UC Davis Medical Center** and **Shriners Hospital** in Sacramento.



2820 Marconi Ave., Ste 2
Sacramento, CA 95821

November 19th through December 31st 2011
Open Daily Except for Thanksgiving and Christmas Day
10am to 6pm




For More Information, Visit www.kiwanisfamilyhouse.org

Gift giving season (Continued)

- (Continued from page 1)
- ity. Sponsor a **Family for a Night**, or several nights at our KFH. The cost for a night is \$40.00 See article on page 1.
- ♥ Buy a **Brick for our KFH**. The bricks can be lettered and serve as a lasting memorial to honor the person. Bricks cost \$100@. See article on page 2.
 - ♥ Become a **Friend of our Kiwanis Family House**, or gift such a friendship. Gifts start at \$100 an-

nually. See article on page 7.

♥ The gilt edged gift of the year, is to give a **Bright Award**. You may want to honor a family member, club member or business associate with this gift which is named after **Vern** and **Leona Bright**, the co-founders of our Kiwanis Family House. For details contact the editor (on page 10) or go to our website www.kiwanisfamilyhouse.org

Merry Christmas and Season's Greetings!



Grant received



Megan Vincent (left), of the *Pacific Coast Building Products Foundation*, and **Jake Mossawir** (right) of *Ronald McDonald House Charities Northern California*, present **Bill Hooper** (center), president of the board at Kiwanis Family House with a check for a grant award.

The grant was awarded to fund the "Sponsor A Family" program which provides a subsidy to families who cannot afford the \$40 per night room rent fee.

This grant award will provide a subsidy to over 125 families who reside at the Kiwanis Family House.

Key Club Awake-A-Thon

Key Club Awake-A-Thon
to benefit the
Kiwanis Family House



A How to Guide...



Awake-A-Thons hosted by Key Clubs are a great way to raise money for a favorite charity.

Several Key Clubs in the greater Sacramento area have done so and have raised tens of thousands of dollars for various charities including our KFH.

For a guidebook contact the editor (see page 10). For more information contact **Gary Christensen** gjcsmc@aol.com or (916) 215-1460.

Key Club Invasion from Lincoln, California



The Key Club from Lincoln California invaded our Kiwanis Family House recently. **President Dyann Branch** reported it was Kiwanian **Ted Widing's** idea after visiting the KFH and finding its needs. The Key Clubbers were excited when offered the service project. Ted and Dyann with 15 Key Clubbers visited and spent six hours on the service projects.

Here are some comments from the Key Club members:

Brandon Waidmann (Senior & Key Club President) *"Being at the Kiwanis Family House was such an awesome experience. It was so cool to see what is being done for these families that are in circumstances that they can't control. It is great what the Kiwanis Family House is doing in creating an environment where these families can feel safe and sound and know that they will always have a place to stay. It is amazing that what this place does to help those in need and I was so glad that I got to be a part of it. I love being able to serve whenever I can and helping those in need is one of my favorite things to do. Serving at the Kiwanis Family House was such a great experience and I really look forward to being able to do it in the near future."*

Nathaniel Myers (Senior) *"It was a lot of hard work, but extremely rewarding."*



Tanner Boatman (Freshman) *"It was amazing!"*

Emily Lenzinger (Freshman) *"I ac-*

Doris Booth 1922-2011



Doris Louise Anderson Booth of Sacramento passed in her sleep on October 6, 2011 after a lengthy illness. Mrs. Booth was a devoted and loving

wife, mother, grandmother, sister and friend. Professionally Doris was a licensed insurance agent and realtor.

She was a member and president of the Sacramento Insurance Women's Association, Zonta, Kiwanis Club of Sacramento, Sacramento Republican Women Federated, and Freemont Presbyterian Church.

At her Celebration of Life, she was described as a woman of passion. She was not only a member, and with a committed passion got things done.

Kiwanian and Past-President of our KFH **Gary Christensen** commented: *"When I first met Doris in 2000, she was a long time member of the Sacramento Kiwanis club."*

"As club secretary it was obvious she was the glue that held that club of veteran Kiwanis members together."

"She was always a solid supporter of the Kiwanis Family House, and in spite of her mobility issues, joined the board of directors for a few years as its secretary, and, using her vast business knowledge, assisted with the capital campaign to build the new facility. We could always count on Doris to stay involved and to help where she could."

tually liked doing housework for once, it was so much fun."

Licenna Bouit (Sophomore) *"It was a lot of fun to help."*

Adam Gilbert (Senior) *"It was a really neat experience seeing how the Kiwanis Family House helps so many people."*

Carissa Haar (Senior & Vice President) *"My experience at the Kiwanis Family House was most definitely a growing experience. I enjoyed serving those in need and am grateful for those who allowed us to serve with them."*

Top ten!

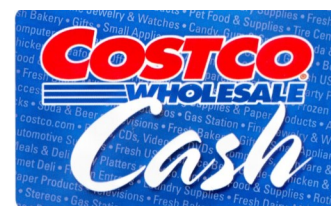


If you want to watch **David Letterman's "Top Ten"**, you have to stay up late and watch TV.

If you want to see KFH House Director's **Mauda Butte's "Top Ten"** from the KFH Wish List, all you have to do is read it here!

If you cannot fit them in an envelope to mail, then gift cards from Sam's Club and Costco work just fine also.

#10	Small composition books
#9	Mats for under desk chairs
#8	Facial Tissues in square boxes
#7	Umbrellas
#6	Small liquid dish soap
#5	Paper towels
#4	Powdered laundry soap
#3	Powdered coffee creamer
#2	Sugar
#1	Coffee



Ways to support our Kiwanis Family House...

Gift your car "Tis the season"



Here is how:

If you have an old car, boat, or Recreational Vehicle (R/V) you can transform it into cash for our Kiwanis Family House.

Our KFH has partnered with **Car Program Inc.** to provide an easy-to-use tax deductible process to donate your car, boat, or R/V.

You are able to donate your vehicle, running or not, and it does not have to be registered.

Questions: Call Board Member **Calvin Hara** at (916) 812-5524 or **Car Program Inc. (800) 240-0160**. This agency can accept donations from most of our 50 states to benefit our KFH!



- ✓ Next day pick-up
- ✓ Non-runner ok
- ✓ No smog ok
- ✓ 100% tax deductible

DONATE A CAR
(800) 240-0160

Kiwanian contact: Calvin Hara (916) 812-5524

KFH Open House

Our Kiwanis Family House Open House for December will be the 3rd Thursday on December 15, 2011 from 10:00 a.m. to 5:00 p.m.

Gift a "Friend"

Want to feel good about yourself?

Then become a **Friend of our Kiwanis Family House**. It takes an annual donation of \$100 (or more). Information about memberships and ways to pay, is available at our website:

www.kiwanisfamilyhouse.org

Want to feel better about yourself? Consider giving your friends and relatives the "gift" of becoming a **Friend of our Kiwanis Family House**.

These donations keep our KFH in operation and keeping our commitment of never having to turn any one away for lack of payment.

Recycling makes cents!



Donate ink cartridges, LASER cartridges, toner cartridges etc. to our KFH.

It helps the environment, lessens the impact on land fills, and makes cents.

If you work for a company, ask it if it will cooperated in giving you the items to take and donate.

Our KFH gets money when we turn them in.

Besides the above there is a receptacle for plastic shopping bags.

Recycling money is "green" and spends the same way with a lessening on the KFH budget.

Help Wanted

Anyone with a green thumb who could help us with the landscape maintenance or upgrading the landscape please call House Director

Mauda Butte at (916) 736-0116 or maudabutte@aol.com



KFH Board member **Neil Strain** takes care of most of our maintenance needs at the House, but he could use some help from a Handyman.

Neil Strain can be reached at **(916) 354-8895** or Neilstrain@sbcglobal.net



Bonnie is showing two caps, one black and one blue.

For sale \$15.00 **post paid** for one, or \$25.00 for two **post paid**.

If you are at the KFH, the price is \$10.00@.

Get your SHARES Card (on page2) so we get our "share".

SAVE MART SUPERMARKETS	1022	
PAY TO THE ORDER OF: SHARES Participants	\$4,500,000	
Four Million Five Hundred Thousand	DOLLARS	
:1022 :123456789 111000222444	SaveMart	

Study shows that fast-food dining is most popular for those with middle incomes

UC Davis study shows that fast-food dining is most popular for those with middle incomes, rather than those with lowest incomes

Outcome challenges assumed links among poverty, fast food and obesity

A new national study of eating out and income shows that fast-food dining becomes more common as earnings increase from low to middle incomes, weakening the popular notion that fast food should be blamed for higher rates of obesity among the poor.



"There is a correlation between obesity and lower income, but it cannot be solely attributed to restaurant choice," said **J. Paul Leigh**, professor of public health sciences at UC Davis. "Fast-food dining is most popular among the middle class, who are less likely to be obese."

In conducting the study, Leigh and co-author **DaeHwan Kim**, specialists in health economics, used data from the 1994 to 1996 Continuing Survey of Food Intakes by Individuals and the accompanying Diet and Health Knowledge Survey.

The nationally representative sample of nearly 5,000 people in the U.S. included data about food consumption patterns, including restaurant visits, over two nonconsecutive days, which was compared with demographic variables such as household income, race, gender, age and education.

They found that eating at full-service restaurants, which involve a range of food choices and sit-down service, followed an expected pattern: as income rose, visits increased.

In contrast, eating at fast-food restaurants, characterized by minimal table service and food preparation time, followed a different pattern. Fast-food restaurant visits rose along with annual household income up to \$60,000. As income increased beyond that level, fast-food visits decreased.

Leigh noted that the fast-food industry attracts the middle class by locating restaurants right off freeways in middle-income areas and by offering products that appeal to a large proportion of Americans.

"Low prices, convenience and free toys target the middle class -- especially budget-conscious, hurried parents -- very well," said Leigh.

Additional correlations revealed in the study included:

- Men were more likely than women to go to both fast-food and full-service restaurants.
- People with more education were more likely to go to full-service restaurants.
- People who worked more hours were more likely to go to both fast-food and full-service restaurants.
- Smokers were more likely to go to fast-food rather than full-service restaurants.

The study was limited by the fact that the data came from the mid-1990s, the most recent information available on this subject. Although incomes have changed considerably since then, Leigh believes that the eating-out patterns found in this study would still hold if more up-to-date data were available.

"It has traditionally been difficult to define patterns of restaurant consumption for Americans according to their incomes," said Leigh. *"By using a very large, nationally representative database that includes detailed information on income, we have solved that puzzle."*

Based on his findings, Leigh, who is affiliated with the UC Davis Center for Healthcare Policy and Research, suggests that policymakers and researchers look beyond restaurant type for reasons for and solutions to the obesity epidemic. He will study the effects of food pricing on food choices.

"Pricing is critical to low-income families, and over the past 30 years the costs of less healthy options have dropped compared to healthier fare," said Leigh. *"One potential way to encourage healthier eating could be to charge taxes that increase based on the number of calories in food. Proceeds from the taxes could then be used to subsidize and reduce the costs of healthy foods."*

Co-author **DaeHwan Kim**, who earned his doctorate in economics at UC Davis, is currently with the Korea Insurance Research Institutes in Seoul.



"Over the years"

The current series of **House Talk** (Volume I Issue 1) is dated May 1, 2001.

**Seven years ago
Volume V Issue 6
December 2004**

Alan Kuba, from Division 32, demonstrating one of the many items donated to our KFH by Div. 32

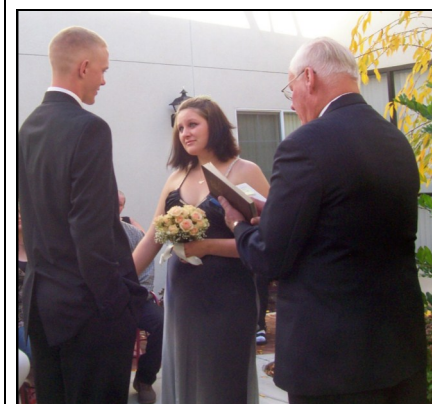


**Six years ago
Volume VI Issue 6
December 2005**



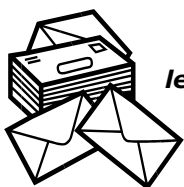
Kiwanis Club of Stockton announcing it would be sponsoring a new room in our new KFH.

**Three years ago
Volume IX Issue 6
December 2008**



Kiwanis Family House Chaplain **Walter Tietjen** unites **Ashley Poliard** and **Caleb Cunningham** November 15, 2008.

Founder **Leona Bright** said this was the first wedding ever in our Kiwanis Family House.



"Letters, we get letters, we get stacks and stacks of letters..."

These letters are left at our KFH addressed to you. They are published to show our readers of the impact made by the staff and services of our Kiwanis Family House and UC Davis Medical Center. The letters are published as originally written and punctuated. This is to preserve the sincerity and spontaneity of the writer.

A letter to our KFH House Director
Mauda Butte:

"Dear Mauda,



*"(Here is a picture of) my grandson **Parker Nikolos** (last name listed but not published). He was born on November 9, 2007 at UC Davis. He weighed 4 lbs.*

"At his birth and for 2 subsequent operations, his parents stayed at Kiwanis House.

"We will always be grateful!"

Mauda reports that these grandparents for **every month since birth**, has faithfully donated \$40 to enable other guests to stay at our KFH.

"To all KFH Staff:

"Thank you for your hospitality and understanding.

"We surely appreciate everything you did to make our stay comfortable and pleasant.

"It made our health concern bearable.

"God Bless and thank you so very much again."

"Dear Kiwanis Family House:

"Enclosed is the key that I was unable to drop off when my husband was discharged from the hospital.

"I would like to that everyone involved in making the Kiwanis Family House available to families with loved ones in the hospital.

"It was wonderful to have a lost cost option with so many amenities available. The shuttle to and from the hospital was very much appreciated. Sincerely,

"P.S. my husband is doing very well."

"Kiwanis Staff Thanks!

"Bonnie, Thanks for helping my family get a place to stay, while I was in surgery.

"You are kind and helpful"

"Dear Bonnie (KFH staff member):

"My sister and 'myself' along with our 'our whole family' would like to 'Thank You' and the Kiwanis Family House for all you do not just for my sister, but fo rall the people t hat you help.

"God Bless you Today, Tomorrow, and always.

"A prayer to thank you:

"May God, whose love is everywhere, Bless you every day for being what you always are, so nice in every way!"

"My name is (deleted for privacy issues).

"My brother came to UC Davis in a very serious condition, cancer, and multiple other medical issues.

"The Kiwanis house made it possible for me to stay here in extreme comfort and everyone was just super sweet and compassionate and helpful in every way.

"Thanks!"

"Kiwanis Family House. Room 117 Ma Elena,

"Por tu conducto, doy gracias por todas sus atenciones este lugar es hermoso, aligol que todas las personas que hacen posible que nuestra estancia, sea agradable.

"Les agradezco de todo corazón su hospitalidad.

"¡¡Que Dios Los Bendia!!

"¡Eres una persona muy humana!

"¡¡Mil Gracias!!"

"Thank you for taking the time to give us a tour of your facility.

"The service you provide the clients is a true blessing."



**A note from Karen:
Lend a helping hand!**

A special thanks to all the volunteers who helped to make our KFH a better place to be for our guests.

We still need volunteers to work the front desk.



I am looking for a club that would be interested in "sponsoring" the clothes closet. Like every closet in a home, this one needs to be organized monthly.

Sponsoring would mean a monthly visit to the house to straighten the closet, and sort through new donations.

Volunteers now have a closet. We are currently working on getting all of the supplies necessary ready for use. As a volunteer you would need to be provided with the tools necessary to get the jobs done.

Questions: Contact me:

Karen Borman 916-489-4476
bormank@aol.com

President's Message

By Bill Hooper (Cont'd)

(Continued from page 1)

the year.

We have also had some success with the grants we are submitting, an area we will continue to pursue. **Gary Christensen, Mary Thomson, Rita Beall, Jim Putnam**, and myself have all been involved in grant writing.

We received a \$5000 grant from *Pacific Coast Building Products* and *Ronald MacDonald Charities* for our Sponsor a Family program; a \$5000 grant from the *Fusenot Family Trust* who has been supporting us since 2004; a \$1000 grant from UCD Medical Center; and a \$25,000 grant from Yacha Dehe Community Fund, the Foundation of the Rumsey tribe who operates Cache Creek Casino.

Most recently the Florin High School Key Club conducted an *Awake-A-Thon**. The proceeds were divided in two for two charities. Our KFH's share was for \$5,100.

*Editor's note: Refer to page 5.

This enabled us to pay all the bills and to build a small reserve but I must stress that fund raising is an ongoing need to keep the House running efficiently.

We have very good momentum going right now and it is important that we sustain it as we move into 2012.

At the November Division 44 DCM, The Kiwanis Club of Placerville Kiwanis purchased an additional 100 tickets for the Rose Bowl Extravaganza.

The Kiwanis Club of Lincoln announced it was sponsoring a room at our KFH for \$25,000. That is the way to keep the momentum going.

Calvin Hara's Scout troop dropped off 458 cans of food they had collected for the food closet.

Boy Scout **Anthony Ramos** finished his Eagle Scout Service Project of making two wonderful benches for the front of the House.

Kiwanis Clubs and Key Clubs continue to show up to volunteer each week for various projects. That's good momentum! The 112 families we served last recorded month thank you!

Roni Stroud's Rose Bowl Extravaganza drawing will now be held Dec. 3rd, at the Dr. Seuss Christmas Party, sponsored by the Greater Sacramento Kiwanis Club. If you do not have your tickets please go on line to www.kiwanisfamilyhouse.com and purchase them. A \$10 ticket is all that it takes for a chance at a \$4,000 prize and a once in a life time experience

riding on the Kiwanis Rose Bowl Float. What a deal!

The KFH See's Candy booth is opened now and will run through the rest of the year. See page 5.

Thanks to Sacramento Suburban Kiwanis for taking the lead on this project and to **Gary Christensen, Rich Kocher, Neil Strain, and Rita Beall** for organizing and overseeing the project.

For more information please contact me at 916-988-6880.

If you are a traditional customer of a Sponsor Club selling See's Candy, *support that club*.

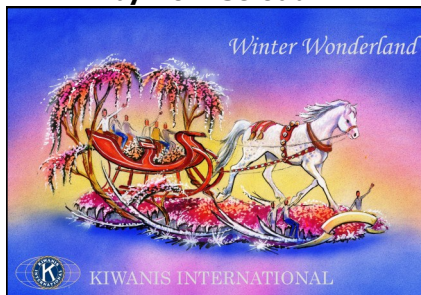
Don't forget the 20th Annual Red & White Ball is just around the corner on Feb. 11, 2012 so mark your calendar.

I hope each of you have a wonderful Holiday Season.

'Til next time,

Yours in Kiwanis Service, Bill

Tournament of Roses Extravaganza... last call! by Roni Stroud



Purchase tickets (\$10@) at:
www.kiwanisfamilyhouse.org
Or call 916.501.0169

The first prize is for **two seats** on the Kiwanis International Float (valued at \$4,000) plus an additional prize of \$1,000 in cash to assist with expenses.

The second prize is for **two seats** to watch the Rose Bowl game plus \$500 to assist with expenses!!

The third prize is for **two seats** in the grandstands to watch the parade plus \$500 to cover expenses.

The drawing will be held Saturday December 3rd at the "Dr. Seuss Tree Lighting Ceremony." The *Cat-in-the-Hat* and the *Grinch* will be there in person.

For more information about the drawing location and time, contact:

Lorie Deering

lorie@sacramentocontactlens.com
or (707) 326-1319.



Find us on
Facebook

Now you can help support the Kiwanis Family House by using Facebook. If you are on Facebook (or are planning on joining) you should "**Like**" the Kiwanis Family House page.

You can also click "**Share**" on any posting and this will share our stories with your Friends. It appears on their wall and news feed for Friends to see and spreads the message of Kiwanis Family House!

You can also "**Suggest**" a page to all your friends via a message. Just click on "Suggest to Friends" (the fourth link down from the logo) and choose the friends to whom you want to send an invitation to the Page.

You can post any comments, stories, or suggestions for other Fans to see, and it will also appear on your walls for your Friends to see.

If you want to reference something that is on the website, you should include a link to the Kiwanis Family House page along with your posting.

House Talk Contact the Editor

Quick Facts about **House Talk**

1. **House Talk** is a monthly newsletter published by the Kiwanis Family House, Inc.
2. The editor is solely responsible for the content of **House Talk**.
3. Deadline 5:00 pm on the second Thursday of the month.
4. Items are solicited. Items submitted will not be returned unless noted by the sender.
5. Errors in the **House Talk** are to be brought to the attention of the editor. Egregious errors will be corrected in a future edition.
6. Responses to the articles and authors unless indicated otherwise can be sent to the editor for forwarding.
7. Editor is **John W. Seigal**.
8. Email address is: jwseigal@sbcglobal.net
9. US Postal Service address is: P.O. Box 1131 Sloughhouse, CA 95683-1131

